



IPSC BC

Your Instructor:

Murray "DOC" Gardner

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www.mdg945.ca



COURSE DATES : _____

WHERE: The Range Langley

Unit#2 – 9938 201st Avenue

Langley BC V1M 3E9 Lobby

START TIME: 5:45 PM

TRAINING COURSE STUDENT CHECK LIST PREREQUISITES

1. BEFORE REGISTERING YOU MUST

1.1. Have a current IPSC BC membership and materials receipt

2. BEFORE THE COURSE YOU SHOULD

2.1. be able to hit a 8.5"X 11" paper at 15m at your own time, with your pistol, 9/10 times

2.2. know how your pistol works and name its parts; slide lock, mag release, safety, etc.

2.3. be able to **SAFELY** decock CZ SP01 and similar pistols

2.4. be able to clean your pistol, including minor disassembly if required

2.5. Watch these videos;

2.5.1. <http://www.youtube.com/watch?v=hmzyqaoWY0g&hd=1>

2.5.2. https://www.youtube.com/watch?v=t08_d7iFapA&feature=youtu.be

2.5.3. My Silvercore podcast at mdgardner.com

2.5.4. Basic draw information - <https://www.youtube.com/watch?v=WU6W4d2w-0Q>

3. FOR THE COURSE, you will need the following:

3.1. If you have no equipment, The Range Langley provides rentals, contact them directly

3.2. Equipment - if you need equipment, visit www.mdgardner.com, for products that meet IPSC specifications

3.2.1. A pistol, any centrefire 9mm Luger or larger will work – Rental info from The Range Langley

3.2.2. 400 rounds of, ammunition, light loads are acceptable – Purchase the cheapest

3.2.3. A holster, **without** trigger finger release, 3 magazines, magazine pouches and a sturdy belt

3.2.3.1. Arrange rentals with The Range Langley. To purchase your own from mdgardner.com

3.2.4. Eye and hearing protection

3.2.5. Pen and paper for notes

4. SUSTENANCE

4.1. Coffee, water, snacks, (we do not leave the range)

4.1.1. Clothing : We are on an indoor range which can be cool; dress in layers; A cap for protection from the falling brass is mandatory

5. SCHEDULE

5.1. Before the first session, complete the Open Book Exam from the Rule Book provided **BEFORE** the first session; this may take up to 2.5 hours; results returned electronically. A searchable PDF is sent

5.1.1. Read the Training Manual and all supplied materials for familiarity with the terms

6. FIRST DAY, 5:45 PM to 10:00 PM; give yourself EXTRA time to be there early

6.1. theory and learning the draw and other skills, approximately 4 hours

6.2. complete dry fire exercises

7. SECOND &/or THIRD DAYS 5:45 PM to 11:00 PM

7.1. completion of live fire qualification exercises

7.2. knee pads and/or a prone/yoga mat for the last day are strongly suggested for the concrete floor

8. AFTER THE COURSE IS OVER

8.1. Use your phone to complete an anonymous Instructor Evaluation Form

9. TO FINISH YOUR COURSE REQUIREMENTS:

9.1. After successfully completing your first Qualifier, the Training Course Coordinator will send you a pin and certificate